

AIDET & PATIENTS WITH AUTISM



A

ACKNOWLEDGE

- Address the patient directly, even if they do not look at you.
- Draw their attention by calling their name and standing within the proximity

I

INTRODUCE

- Introduce yourself
- Speak clearly. Give time to process information
- Don't get frustrated if the patient does not answer the question the way you expected

D

DURATION

- State expectations honestly (e.g., *I'll squeeze your arm tight*)
- Use visual supports (e.g., countdown board) to indicate time and pictures to explain the process)

E

EXPLAIN

- Tell what to DO instead of what NOT to do, e.g., *arms to self* instead of *don't fidget*
- Explain what you are going to do before doing it.
- Model behaviors or steps as needed
- Repeat instruction if no response happens, but give time to process it first

T

THANK

- Take an interest in what the patient wants to talk about to ease and engage
- Praise for the steps completed correctly or good behavior (e.g., *great job sitting still*)



INDIANA INTERAGENCY AUTISM COORDINATING COUNCIL (IIACC)
IndianaNetwork.org

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